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Oral glucose tolerance test (OGTT)

National Diabetes Information Clearinghouse (NDIC)

Definitions

Pre-diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

Diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

Glucose

Defined by National Diabetes Information Clearinghouse (NDIC)

Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

A test to diagnose [pre-diabetes](#) and [diabetes](#). The oral glucose tolerance test is given by a health care professional after an overnight fast. A blood sample is taken and then the patient drinks a high-[glucose](#) beverage. Blood samples are taken at hourly intervals for 2 to 3 hours. Test results are compared with a standard and show how the body uses glucose over time.