

# Review of: "[Short Communication] Advisory caution message on retail packaging of Levothyroxine and its significance in the treatment of hypothyroidism"

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According to my opinion, doctor's Takis short communication regarding hormone replacement in patients with hypothyroidism, is interesting and raises the issue of duration of such treatment. It is also a well-written article. However, I do not totally agree with the suggestion of an advisory caution written on the leaflet on which levothyroxine levels treatment should be ceased. Advisory caution should include mainly symptoms that alarm for levothyroxine treatment discontinuation and seek for medical advice. This decision should not be made by patients, only by their physicians. The latter should follow guidelines as established by national endocrinology societies. Nevertheless, is also known that a patient with levothyroxine substitution should periodically perform laboratory evaluation for thyroid hormones, but laboratory measurements cannot substitute clinical evaluation of these patients. Finally, stop of treatment with levothyroxine does not mean that these patients should not be re-evaluated for thyroid function.