

# Review of: "How Competent are Health Professionals in Delivering Nutrition Education? A Cross-Sectional Study in Ebonyi State, Nigeria"

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Potential competing interests: No potential competing interests to declare.

1. SUGGEST TO CHANGE THE TITLE (KNOWLEDGE, PERCEPTION AND PRACTICE)
2. It is also the bedrock of good health and the cutting edge of disease prevention (REPHRASE)
3. However, the composition of healthy nutrition varies with respect to age as each age group has specific nutritional needs that must be met to ensure good health. It also varies with sex, body weight, level of growth, physical activity, disease states, rehabilitation and physiological status of individuals such as lactation and pregnancy (PLEASE FOCUS MORE ON THE OBJECTIVE OF THIS PAPER)
4. A health-facility-based cross-sectional study (A CROSS-SECTIONAL STUDY...
5. table 3 shows health professionals' perceptions of nutrition education components. The majority of respondents, 82.3%, need more training on nutrition, while 41.1% feel professionally incompetent to advise patients on nutrition education (CONFUSING WHEN COMPARE WITH THE RESULT TABLE)
6. Table 4 displays the frequency of practice components of nutrition education by health professionals. Although a minor proportion of health professionals, 25.3%, had a positive assessment of their skills in nutrition education, a higher proportion, 74.7%, lacked nutrition education skills.(CONFUSING WHEN COMPARE WITH THE RESULT TABLE)
7. HOW OVERALL COMPETANCY WAS MEASURED?