

Peer Review

Review of: "Association Between Mindfulness, Impulsivity, and Neuropsychological Measures in a Non-Clinical Population: A Correlational Study"

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While the review is generally well-written, I do not believe it contributes anything particularly novel or unique to the literature. There are numerous papers (including systematic reviews and meta-analyses) on the relationships between mindfulness and cognitive functioning (Gill, Renault, Campbell, Rainville & Khoury, 2020; Dunning, Griffiths, Kuyken, Crane, Foulkes, Parker, & Dalgleish, 2019); mindfulness and impulsivity (Korponay, Dentico, Kral, Ly, Kruis, Davis, Goldman, Lutz, & Davidson, 2019; Sultan, Nawaz, Alattar, Khalaf, Shadan, El-Abiary, Tegginmani, Qasba, & Jogia, 2025); mindfulness and psychological well-being/psychopathology (Hofmann, Sawyer, Witt, & Oh, 2010; Wielgosz, Goldberg, Kral, Dunne, & Davidson, 2019); and impulsivity and cognition (Nigg, 2017). Further, nowhere in the introduction is there any justification for this particular paper or explanations for how it provides any new and important insight into these relationships. As such, I cannot condone the publication of this paper.

Declarations

Potential competing interests: No potential competing interests to declare.