

Review of: "Influencing variables of health: dimensions and their determinants – A systematic review"

Hadi S.t

Potential competing interests: No potential competing interests to declare.

As the article described, one of the determinants of health is “environmental,” and one of its factors is “media.” Why is the media not in the “social” model?

The authors already addressed it in the limitations, but some review of the psychometric properties of the instruments would be more helpful, especially indicating published effect sizes. For a multidimensional model to work for consumers, moving beyond statistical significance into practical significance is much more important. I would love to see future work draw more attention to this as people weigh the feasibility of different factors in making lifestyle changes.