

Review of: "Flourishing in Salsa Dance: A Qualitative Investigation of Aesthetic, Artistic, and Creative Contributions"

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Potential competing interests: No potential competing interests to declare.

It is widely known that salsa is one of the Latin dance crazes, and that the genre has experienced increased attention from audiences from all over the world, perhaps equaling the popularity of tango as far as partnered dances are concerned. As such, much research has been devoted to its study and analysis, but not many papers have explored this high-tempo energetic couple dance through an aesthetic, artistic, and creative practice lens. This article, written by Pablo Domene (Coventry University) and Laura Jackson Domene (Staffordshire University) helps begin to fill this gap. The abstract is a canonical informative one, as it introduces the situation, it explains the purpose of the research, it describes the methods and the subjects involved, it presents the findings, and then the conclusions. It would be interesting and useful if some key words were provided as well.

The piece of writing is organized in seven parts: a first one (I would suggest giving it a title, such as introduction, or a more specific one), methodology (study design and participants), procedure, analysis, findings and discussion (which includes an explanation of the four themes the authors constructed: A Dance of Positivity, Dance's Cognitive Embrace, Healthful Bodies in Harmony, Steps, Hearts, and Spirits Coming Together), limitations, and conclusions.

The theoretical framework is built on updated references, and it describes the PERMA model very clearly. However, it would be interesting to provide a broader context. The Thematic Map Generated During Analysis of Our Online Qualitative Survey Data shows a comprehensible chart on the four constructed themes and their subthemes. The authors acknowledge that their work is novel and that it has some limitations: that is a good way to delve into deeper research. All in all, the text will benefit those who want to maximize their aesthetic, artistic, and creative experiences through the practice of salsa, and it will pave the way to further research.