

# Review of: "Student's Well-being and Academic Performance"

Y. Lee<sup>1</sup>

<sup>1</sup> Multimedia University

**Potential competing interests:** No potential competing interests to declare.

- This paper is a promising research on the impact of MBSR technique on student performance. However, the research gap is not evident. There are no literature reviewed that supports the relationship between MBSR and student performance, and the methodology of data analysis is only limited to descriptive statistics.
- The paper does not follow a logical development of concept or theory. Literature containing the supporting theory should be better presented and elaborated.
- The paper's literature review is insufficient and must be improved. Discussion of results must be linked back to relevant literature.
- Data collection is described, but not sufficiently – were the students from a common department or faculty, or otherwise? The Methodology of analysis – must be expanded. The qualitative analysis technique of the qualitative data collected must be more in-depth (thematic analysis, for example). Quantitative data analysis technique must include inferential data analysis, not just descriptive data (t-test, or more sophisticated partial least squares, instead of just percentages). The Questionnaire – the 7-item GAD – only two items were utilised – What is/are the justification for not including the remaining 5 questions?
- This paper needs to have more in-depth qualitative and quantitative analysis techniques applied on the data gathered.
- The Research Hypotheses stated that this research will compare those who undergone the programme vs those who didn't, BUT results were discussed in terms of the scores before vs after the programme, which is inconsistent with the hypotheses.