

Review of: "Research Trends in Mindfulness for Adolescents: Based on CiteSpace Visualization Analysis"

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Potential competing interests: No potential competing interests to declare.

The research titled "Research Trends in Mindfulness for Adolescents: Based on CiteSpace Visualization Analysis" provides a comprehensive overview of the current landscape of mindfulness research for adolescents. The use of CiteSpace to analyze global cooperation among countries, institutions, and authors enhances the study's depth. The identification of research hotspots and frontiers is valuable for understanding the evolving trends in this field.

The inclusion of both English and Chinese literature from reputable databases such as Web of Science and China National Knowledge Infrastructure adds a cross-cultural perspective. The observation of limited collaboration among Chinese institutions compared to their English counterparts raises important considerations for future collaborative efforts.

The recognition of overlapping and discrepant research themes in the two languages over time is a notable finding, shedding light on the evolving nature of mindfulness research for adolescents. The call for future research to delve into the mechanism of mindfulness and explore appropriate target groups is a commendable suggestion, offering direction for advancing the field.

This research contributes significantly to understanding the current state of mindfulness research for adolescents and provides valuable insights for researchers, institutions, and policymakers looking to further develop this area. Strengthening collaboration among authors, as suggested, could foster a more cohesive and impactful research community.