

Review of: "The Empty Chair"

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I find it fascinating how Dr Schwartz interpreted the 'as-if' personality and brought its meanings into contemporary times. It's an insightful article, and I thoroughly enjoyed every bit of it. It opens up new avenues for me as a researcher interested in people's emotions and collective behaviour.

It was intriguing when I read (as well as others):*'Now emotionally frozen, the narcissistic/emotional wounds that began early were repeated in adulthood, fostering an 'as-if' personality based on façade'.*

I wondered whether the '...emptiness, longing, and needs of the 'as-if' personality...' are similar to the feeling of being 'stuck' and longing for lost 'items or life experiences' that those who experience **Cognitive Immobility** go through?

This work is highly recommended.