

## Review of: "The Cost of Being a Celebrity on Mental Health"

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Potential competing interests: No potential competing interests to declare.

After reviewing the manuscript "The Cost of Being a Celebrity on Mental Health" by Samah Adeima, I recommend several revisions for consideration:

- **1.**The introduction sets an engaging premise but could benefit from a more explicit statement of the study's objectives and hypothesis. An expansion to clearly define the scope and aims would provide readers with a better understanding of the research's direction.
- 2. While the author's experiences and observations offer valuable insights, the methodology could be enhanced by integrating more systematic approaches or citing relevant studies to support the assertions made. This would strengthen the credibility of the research.
- **3.** The section on celebrity status captures the reader's interest but could be deepened by discussing the psychological and sociological theories underpinning celebrity culture. This would add academic depth to the observations.
- **4.** The manuscript could benefit from a more detailed analysis of how celebrity status impacts mental health. Integrating findings from psychological studies or clinical reports would provide empirical backing to the narrative.
- 5. The role of social media is mentioned, but a more thorough exploration of its impact on celebrity mental health, both positive and negative, would enrich the discussion. Including recent studies or statistics could offer a more nuanced view.
- **6.** While the manuscript focuses on individual cases, it could be strengthened by situating these within a broader societal context. Exploring how celebrity culture reflects and impacts societal norms and values would offer a more comprehensive perspective.
- 7. The conclusion, while insightful, could be refined to more directly tie back to the research objectives outlined in the introduction. Summarizing key findings and suggesting areas for future research would provide a strong closure.

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