

Review of: "Eroticism as a hormetic stimulus in health and ageing"

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Potential competing interests: No potential competing interests to declare.

This is an interesting review where the Author simply describe data able to support the beneficial effect of sexuality

The review is well written although some hypothesis would need to be discussed longer... for instance to better state the differences between men and women in the 'intensity' of sexuality. Indeed at the end it is not clear if the hormetic condition is referred to the 'practical' experience or it is referred to drugs known to be involved in sexual stimulation.