

Review of: "Exploring the Relationship Between Dietary Practices and Academic Performance of High School Students in Tamale Metropolis, Ghana"

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Potential competing interests: No potential competing interests to declare.

The manuscript addresses one of the pertinent issues in the field. The methodology is appropriate, but there are a few comments in the manuscript itself. However, the introduction needs to be beefed up to show the research gap. For example, it can be improved by citing some of the studies that have been done on this subject, if any. As it is now, it is not clear if any studies have been done at all in Ghana?

The author stated a hypothesis; therefore, a conclusion is required.

The results are a bit confusing; I thought the sample was 800, but when you check the frequencies, I see 119. What happened to the rest? I would like clarity on this before I make a decision.

The conclusion needs more work. As it stands, it fails to give practical suggestions of what could be done. For example, one of the important findings of this study was that most respondents skip meals—so what can be done to correct this? Are there any existing programs, e.g., nutrition education, that are operating in the community?