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# Glycerin Enema

National Cancer Institute

## Source

National Cancer Institute. *Glycerin Enema*. NCI Thesaurus. Code C84849.

An enema solution containing 5% glycerin, a trihydroxy alcohol with osmotic laxative activity. Upon rectal administration, glycerin enema creates an osmotic gradient thereby attracting water into the rectum. This increases volume, increases peristalsis, stimulates evacuation, and relieves constipation.