Review of: "The pros and cons of utilizing crude herbal preparations as opposed to purified active ingredients, with emphasis on the COVID pandemic"

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It is a report article I wished to find during the SarCov-2 pandemic. I agree totally with the authors' opinion and practices. We, many people in our country (Indonesia) have very long history of practicing herbal medication for numerous diseases, although modern physicians are against this supporting alternatives. In case of SarCov-2, I also believe that we should enhance our immune system everyday by consuming crude herbals. Therefore, I and some of my friends prepared regularly some herbal drinks to supply some orphanages and theological college students.

I have a strong believe, based on the thousands years of local wisdom practicing in many regions on the globe, that herbal preparation can be a beneficial complement in medical treatment, as prevention as well as to cure certain diseases. That there is variation in ingredients of a crude herbal and there is unpredictable responses in patients' body, I agree that the practitioners have to consider the safety and contradictions. Similarly, the precision-based foundation of modern medicine also gives patients' responses variation. Some show positive and some negative responses, depending of the body metabolism.

It is a classy paper.