

Peer Review

Review of: "Zad's 4-Dimensional Model of the Self: An Integrative Conceptualisation"

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This article puts forward a new model for understanding psychopathology through four dimensions of biology, thoughts, feelings, and behaviors, with an additional evaluative layer of metaconsciousness. Here are a few recommendations:

1. The abstract has overly long sentences, with some running on for six lines. It would be more beneficial to break them up and potentially simplify the language.
2. Metaconsciousness could also be treated as another dimension, making this a 5D model, or even be sheltered under the thought dimension, which you do in explaining the model under section 2.1. Some people have a greater capacity for self-reflection than others, and there may be some difficulty in making metaconsciousness operational.
3. In the intervention plan section, you could maintain consistency by providing brackets for the other dimensions that you are describing.
4. The discussion section is somewhat long compared to the introduction, even when including the theoretical anchoring. They should generally be the same length.

Declarations

Potential competing interests: No potential competing interests to declare.