

Review of: ""Mealtime Hydration's Impact on Digestion": An Editorial Article"

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This journalistic paper presents the general ideas of hydration at the time of food intake. It could be improved by adding details of the impacts of hydration on the digestion of the meal. It would also be important to note that science has advanced somewhat since the 11th century, and it would be great to give contemporary ideas supported by scientific findings. Redaction of some sentences could be improved (e.g., mealtime hydration and warm constitution are not known terms; finding instead of funding).