

# Review of: "How Competent are Health Professionals in Delivering Nutrition Education? A Cross-Sectional Study in Ebonyi State, Nigeria"

Domenico Criscuolo

Potential competing interests: No potential competing interests to declare.

Very interesting article, which underlines the need to devote more training to the importance of food and microbiota, for both healthy people and patients with underlying diseases.

I noted that the sample of responders has a young age, and I was surprised to note their limited knowledge of this topic, as media are commenting about the importance of food quality at least since 20 years.

I agree with the conclusions: more time and efforts should be devoted to this topic, especially in countries like Nigeria where the availability of large variety of foods is present.