

Review of: "Training Teachers to Become Mental Health Promoters: Impact on Their Well-Being"

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This study addresses a pertinent topic and provides useful data for a potentially effective mental health intervention to promote mental wellbeing among teachers. To add to the rigor of the study, I do feel that when studying the impact of the intervention, it should also include the effect it has on the students. As stated in the text, "The ESCOOL training goal is to promote adolescents' mental health through capacity building of school teachers and school staff." It also helps if the modules of the ESCOOL intervention are presented in a table format for better readability. With regards to the mode of training, I would suggest elaborating on why the practical session was performed "non face-to-face" and the theoretical session was done in person.