

# Review of: "Meta-Omics Analyses of Organic and Conventional Fermented Vegetables Reveal Differences in Health-Boosting Potential"

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Potential competing interests: No potential competing interests to declare.

The authors have compared the healthy parameters of fermented vegetables (grown conventionally or organically). They found a higher amount of the beneficial substance GABA in organically fermented vegetables and a higher amount of probiotic bacteria *L. plantarum*. These may contribute to the better health of human beings; that way, the manuscript is alright. Now the question is whether the efficacy of the health benefits should be tested in vivo in mice, hamsters, rabbits, and then in humans. That they didn't do. That is the drawback of this paper. They also didn't discuss why, on the final day (14th day) of fermentation, the health parameter levels were high. These things should be looked into.