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HDL cholesterol

National Diabetes Information Clearinghouse (NDIC)

Definitions

Fat

Defined by National Diabetes Information Clearinghouse (NDIC)

Cholesterol

Defined by National Diabetes Information Clearinghouse (NDIC)

Liver

Defined by National Diabetes Information Clearinghouse (NDIC)

Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

Stands for **high-density lipoprotein cholesterol**, which is a **fat** found in the blood that takes extra **cholesterol** from the blood to the **liver** for removal. Sometimes called “good” cholesterol.