

Review of: "Older People with Diabetes Mellitus and Considerations for Diabetes Nurse Educators in Brunei"

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The article is a well-written and simple summary of focus areas for diabetes nurse educators for elderly patients with diabetes. This is applicable not only to Brunei but to most countries. The author has done a fine job of summarizing. The use of the word 'diabetics' may be replaced by 'persons with diabetes' in accordance with current practice. While it is true that long acting sulfonylureas and metformin may be avoided in persons with renal failure, this is not universal across the spectrum of chronic kidney disease but rather has creatinine clearance based cut-offs. Many of the gliptins, acarbose and SGLT2 inhibitors may also not be administered in such patients. Hence a simple mention of checking drugs to be avoided may be more appropriate rather than listing individual agents.

The point raised about medication review is very valuable. Details of recommended physical activity for patients with diabetes and diverse comorbidities may be added, as it is important for nurse educators to know the specifics. The HbA1c target is almost never less than 7% in older adults. This data needs to be corrected. A brief note may be added about possible rare COVID-19 vaccination related adverse events in older persons, and sensitivity towards such persons, and proper redressal of their added burden.