Review of: "Communicating Cutting Edge Research on Physiological Networks: A Three-Step Method"

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Potential competing interests: No potential competing interests to declare.

I went through the article. The author presents a complete summary of the research methods conducted and the flow of the research process. The language, background, citations, and flow are acceptable. Combining a science publication with TikTok caters to a wide range of audience inclinations. The use of TikTok for dissemination is novel, but more particular information on the content strategy would be helpful. While metaphors and examples are presented, their integration may be improved so that they boost understanding without sacrificing accuracy.

Overall Remarks: The paper can be accepted for publication with some minor revisions.