## Open Peer Review on Qeios

## Losartan/Hydrochlorothiazide

National Cancer Institute

## Source

National Cancer Institute. Losartan/Hydrochlorothiazide. NCI Thesaurus. Code C29166.

A combination preparation of a synthetic angiotensin II antagonist and a diuretic thiazide, with antihypertensive activity. Losartan, and its metabolite, selectively and competitively block the binding of angiotensin II to the angiotensin II (AT 1) receptor. As a result, angiotensin II-AT 1 mediated physiological effects such as vasoconstriction and stimulation of aldosterone synthesis and secretion, which regulates extracellular sodium concentration, are blocked. Hydrochlorothiazide inhibits electrolytes reabsorption via binding to Na-Cl cotransporter on the renal distal tubular, thereby increasing excretion of sodium, potassium, chloride, bicarbonate and water. Both agents lead to a reduction in blood pressure.