

Review of: "Obesity and life events: the hypothesis of psychological phenotypes"

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This is an article introducing obesity and psychological factors. At present, many studies have explored the relationship between depression and obesity from multiple perspectives, proving that obesity and depression, a psychological problem, promote each other and complement each other. The author of this article focuses on the psychological problems caused by traumatic life events, and then promotes the occurrence of obesity, divides obese patients into two different psychological phenotypes, and proposes that the two phenotypes will bring different obesity treatment effects, and suggested different psychotherapies for obese patients with different psychophenotypes. After reading the full text, I think this article has a certain innovative value, but there are still many problems in the text and structure of the full text:

1. The author divides obese patients into two different psychological phenotypes through obesity caused by life events and obesity not caused by life events. Is this distinction too simple? Are there situations in patients who are already obese after a traumatic life event?
2. The author is not very clear about the frame structure of the whole article. For example, there is a chapter in the article that introduces obesity metabolic phenotypes. However, the focus of this study should be on the psychological phenotypes of obesity and life events.
3. The authors suggest in the text that there are different pathological outcomes according to the two psychophenotypes they distinguish. However, the article did not give specific data, nor did it explain where this statement was quoted. The author is requested to clarify how to draw this conclusion.