

Review of: "A Case for Nature in Long-Haul Space Exploration"

Greg Keeffe¹

¹ Queen's University Belfast

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The article is rather short but raises some interesting issues re space travel particularly in relation to connection with nature. The article contends that visual connection with nature via screens and piped birdsong will be enough to meet with astronauts needs. This may be the case in current literature but the new context of space might make previous research incorrect. I think we will need a greater and more physical connection to promote well being on long haul space flight. Perhaps the food growing systems could provide a better more immersive connection that might help with wellbeing, as connection to microbes in soil have been shown to be very important in relation to mental health. Anyway the paper is an interesting start to the complexities of the creation of a suitable environment for space travel.