

Peer Review

Review of: "The Polyvagal Theory in Contemporary Psychology: Why Popularity Should Not Be Confused with Scientific Validity"

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Relevant and well-sourced article. It puts polyvagal theory into perspective by emphasizing the fact that the brain is a distributed, non-linear system. Polyvagal theory is relevant to the narrative section. There is nothing in particular to improve in this article except for explicitly citing the titles of the articles referenced in 4. and 7.

I particularly appreciated the fact that the article included current neuroscientific references and questioned the scientific validity of a theory that is often cited but not always understood at its true value. This article provides greater clarity and a better understanding of the limitations of polyvagal theory.

There are no specific methodological weaknesses from my point of view. Each important element of this polyvagal theory is dissected and questioned in terms of the reductionism that can too easily be applied between humans and animals.

Declarations

Potential competing interests: No potential competing interests to declare.