

# Review of: "A Study to Assess the Effectiveness of Pelvic Floor Muscle Strengthening Exercises on Erectile Dysfunction in Rectal Cancer Survivors at Tertiary Cancer Hospital, TMH, Homi Bhabha National Institute, Mumbai"

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**Potential competing interests:** No potential competing interests to declare.

The article deals with an important and interesting topic. The effective functioning of the pelvic floor muscles is the key to health in terms of urological diseases and more. I missed a specific description in the description of the exercise package used. The small statement of Kegel exercises is insufficient (lack of intensity and volume of intervention). In conclusion, attention should be focused on the actual conclusions and not on ways of statistically describing or stating the importance of exercise in the functioning of the pelvic floor muscles. The authors are easily able to refine these elements and publish the work with positive results.