

Review of: "Training Teachers to Become Mental Health Promoters: Impact on Their Well-Being"

Santoshi Adhikari

Potential competing interests: No potential competing interests to declare.

I would like to thank you for the opportunity to review this paper. The manuscript is written on a very important topic and is timely. In general, the manuscript is well written. However, I have a few minor comments below to improve the paper.

1. Abstract:

This study aimed at analysing the impact of training teachers to become mental health promoters in their own mental health and well-being. Two hundred seventy-six teachers who work in schools in the Portuguese mainland participated in the ES'COOL training.

-There is no linkage between the two sentences.

In the last paragraph, please start the sentence 'Results show' with past tense.

2. Participants:

- Were there any exclusion criteria? Please mention.

3. Procedure/Intervention:

-Please explain more clearly how the authors approached or recruited schools and teachers.

-Were all participants provided with the training? Was there any loss to follow-up?

4. Limitations of the study

Please mention what the limitations of the study are.