

Review of: "The HERMESS model for addictive behaviors recovery"

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The paper introduces the "HERMESS model" as a comprehensive framework for addressing the recovery of addictive behaviours. It begins by providing a concise overview of the concept of recovery within treatment networks for addictive behaviours, referencing two previous models: the CHIME Model and the HERMESS Model. However, the HERMESS model stands out as particularly relevant due to its underlying concepts.

The inclusion of diverse experiences underscores the absence of a one-size-fits-all solution for addiction recovery. It suggests that addictive behaviours can arise spontaneously, as some authors have suggested, or necessitate tailored services and strategies to facilitate profound transformations in individuals' lives.

This text provides a conceptual exploration of the key strategies employed in the HERMESS model. It emphasises two essential elements that enhance its efficacy: 1) the provision of a structured theoretical framework to comprehend and tackle addictive behavior recovery, and 2) the facilitation of the development of targeted intervention strategies that cater to individual needs.

Nevertheless, as the paper is being read, several questions naturally arise that should be addressed within its content:

1. It is imperative to provide insights into the origin and development of the HERMESS model, as well as its current status. Is it primarily a conceptual model? How did its inception occur, and to what extent has it been implemented thus far?
2. Elaborating further on the key concepts that underpin the HERMESS model is of utmost importance. What specific rationale led to the selection of these concepts over others? How do they align with existing empirical evidence supporting their necessity within a comprehensive program designed to address addictive behavior recovery?
3. The paper should thoroughly discuss the potential of the HERMESS model to stimulate research initiatives and contribute to the overall advancement of knowledge in the field of addiction. To what extent does this model hold the promise of driving research efforts and fostering the development of new insights within the realm of addiction studies?

In summary, it is strongly recommended that the paper addresses these critical questions, as doing so will offer readers a more comprehensive understanding of the HERMESS model and its practical application in the context of addictive behaviour recovery. Furthermore, such an approach will facilitate a comprehensive evaluation of its effectiveness and potential impact on future research and knowledge development in the field of addiction.

