

Review of: "How do older adults cope with their aging and age? A scale for an offensive coping strategy of older adults"

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This is a very interesting paper, describing the need for and development of a test/tool to measure how older people manage their own aging, including what they think about their own aging. It is a very lengthy paper, and so readers need to ensure they have enough time to be able to read and understand why this test/tool is needed and how it was constructed and preliminary tested. It is nice to see this work, given population aging. It is very important for older people to not have internal ageism, where they are negative about their own aging bodies and minds. One major issue is the use of the term "offensive" - in English, this means nasty or unpleasant. It would be better if the word "PROACTIVE" or "POSITIVE" or "PREFERABLE" were used instead. I am not an expert on tool construction, but I believe this is a good step forward to help people feel more positively about their own aging.