

Review of: "[Mini Review] Role of Mango in Immune System"

Ashiq Hussain¹

¹ University of Sargodha

Potential competing interests: No potential competing interests to declare.

This document, named as a mini review, is a comprehensive approach to describe the nutritional contents of mangoes and their health benefits. The authors have provided sufficient data to strengthen their document; however, clinical trials/reports supporting the immune-promoting potential of mangoes are missing, which is very necessary to discuss. Another issue that needs to be highlighted is how the ripening of mangoes affects their nutritional contents and how the use of synthetic chemicals causes the accumulation of unhealthy metals in the mangoes, which upon consumption causes health issues. For reference, the authors need to read and refer to...

Hussain, A., Kausar, T., Siddique, T., Kabir, K., An, Q. U., Rukhsar, F., ... & Mahdi, A. A. (2024). Physiological and biochemical variations of naturally ripened mango (*Mangifera Indica* L.) with synthetic calcium carbide and ethylene. *Scientific Reports*, 14(1), 2121.