

# Review of: "A Study from the Perspective of Chinese Traditional Culture, Social Medicine, and the Healthy China Strategy: The Imperative Revival of Chinese Shoulder-Carrying Culture - A Solution to China's Dilemma of Aging Load-Bearing Laborers"

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Potential competing interests: No potential competing interests to declare.

Paper is written nicely and very helpful for today's generation destroying the environment. The work also insight the contemporary healthcare concerns of Chinese population, which is very alarming and needs urgent medical investigation. Very good job done by the authors of this research work. Few points need to complement the presentation of the article so that it is more concise, lighter and makes it easier for readers with various disciplinary backgrounds to understand and can be consumed by academics:

- a. Abstracts should be limited to 250 or maximum of 300 words
- b. Limit the keywords upto 10
- c. Discuss in detail the sustainable goals proposed by UN and whether it is implemented or not
- d. Main focus should be the method used in the study, no need to explain all methods.
- e. Limitation and future scope of this work should be highlighted.