

Review of: "“The Forbidden Planet”: AI and Psychology: Prepare and Sound the Alarm!"

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Potential competing interests: No potential competing interests to declare.

The essay provides an extensive examination of the potential impacts of AI on various aspects of human life, including relationships, work, creativity, and even existential questions like death and the nature of reality.

While the essay highlights the challenges posed by AI for psychology and humanity, it falls short in providing practical recommendations for addressing these challenges. Offering actionable insights or strategies for mitigating the negative impacts of AI would enhance the essay's utility for readers. Strengthening the arguments by integrating empirical research and real-world examples to support claims about the impacts of AI on human psychology and society may make the arguments more acceptable.