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# Aspartame

National Diabetes Information Clearinghouse (NDIC)

## Definitions

### Calorie

Defined by National Diabetes Information Clearinghouse (NDIC)

## Source

*National Diabetes Information Clearinghouse (U.S.). (2009). The diabetes dictionary. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.*

A dietary sweetener with almost no **calories** and no nutritional value.