

Peer Review

# Review of: "Herbal Treatments and Their Impact on Male Fertility: A Comprehensive Review"

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The article "Herbal Treatments and Their Impact on Male Fertility" by Mohammadmahdi Shakeri and colleagues presents a valuable and comprehensive examination of the effects of herbal remedies on male fertility. The authors effectively highlight the importance of male fertility as a component of overall health, analyzing various influencing factors. The strengths of the paper include a thorough literature review, an in-depth analysis of the limitations of conventional treatments, and a call for further research to validate the efficacy and safety of herbal treatments. However, the article could benefit from a deeper exploration of additional herbal options beyond maca and ginseng, as well as clearer methodology regarding the search and selection of studies. Overall, this article serves as a credible resource for researchers and clinicians in the field of male reproductive health, and addressing the noted weaknesses would enhance its impact and comprehensiveness.

## Declarations

**Potential competing interests:** No potential competing interests to declare.