

Open Peer Review on Qeios

Exercise Pain Management

National Cancer Institute

Source

National Cancer Institute. <u>Exercise Pain Management</u>. NCI Thesaurus. Code C26387.

A pain management technique based on improvement of functional ability, strengthening, and maintenance of range of motion. It is believed that endorphin release during exercise minimizes pain and improves effectiveness of analgesics.

Qeios ID: ADJEDT · https://doi.org/10.32388/ADJEDT