

# Review of: "How Competent are Health Professionals in Delivering Nutrition Education? A Cross-Sectional Study in Ebonyi State, Nigeria"

Anna Kiss<sup>1</sup>

<sup>1</sup> Hungarian Academy of Sciences

Potential competing interests: No potential competing interests to declare.

The paper addresses an important and intensively discussed topic. The nutritional knowledge of healthcare professionals is crucial for the preventive work they carry out. In a cross-sectional study, the authors examined the competencies of healthcare professionals in nutritional education. The manuscript is well-structured, the methodological section is sufficiently detailed, the results are clear, and the discussion aligns with the findings. I have a few minor suggestions:

In the abstract's methodological section, it would be worthwhile to mention the questionnaire used in the survey.

In the introduction, I recommend describing the boundaries of competence for healthcare professionals in nutritional counseling in Kenya. Who is qualified to provide nutritional advice to patients? In comparison, which professionals do patients most frequently encounter? Under what framework can patients seek nutritional counseling?

In the methodological section of the manuscript, it would be beneficial to provide a few examples of how the questionnaire was adapted for each of its four parts. What items were modified in each section, and how many items comprised the questionnaire in total?

In the results section, I suggest describing which group of participating professionals had the best nutritional knowledge in the survey.

In the discussion section, I recommend emphasizing once again the components that constituted competence in the survey and how these were represented in the questionnaire.