

Review of: "Against Integration"

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Potential competing interests: No potential competing interests to declare.

This article is fascinating! It deals with a little-noticed topic in psychotherapy. Arguments against integration are made and presented coherently.

However, the article loses its persuasive power when the author shares an exclusively subjective view and does not substantiate these significant interpolations. The "first-person perspective" should be dispensed with. It would be important to know what exactly the author means by "police" when it is stated in connection with psychotherapy.

For the two examples (sketches), some more detailed information is missing to introduce the reader briefly and succinctly to the case sketches.

Criticising Goldstein for not having read Nietzsche properly is not convincing. It would be more helpful to tell the reader more precisely in which points Goldstein might have misunderstood Nietzsche.

The use of integration to assign guilt is an important aspect, but it should be explained more precisely and supported with examples.

I would like to share a few questions:

Why is it worthwhile to evaluate discontinuities as healthy? Why are Roger's and Goldstein's arguments (and which ones) not suitable for seeing discontinuity as pathological?

The author should briefly summarise the significant findings at the end and share an outlook for future research.

I greatly appreciate this article and was enriched by the author's perspectives. Thank you!