

# Review of: "[Review Article] How to Form the Human Brain"

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Potential competing interests: No potential competing interests to declare.

1. The text is accessible, easy to read, and understandable. The objectives and rationale of the study are stated; however, I suggest adding a Methods section containing the databases used for this review, as well as the inclusion and exclusion criteria for the selected articles for the study.
2. Were there any limitations to conducting this study? Perhaps a way to explain this would be to highlight that the scientific article presented did not completely resolve the key problem of bringing out the best in human nature.
3. In section 3.2.1, Governmental options, the authors mention promoting the constructive use of psychedelics. What implications could be caused by the inappropriate use of these central nervous system-altering substances? Is there any risk to society and the health of these users in the use of these substances?
4. In section 3.2, Strategies for improvement, the authors mention the importance of societal knowledge about health education. I suggest mentioning some health actions that can be taken to encourage the population to practice self-care.