

# Review of: "Sacred Plants and Their Miraculous or Healing Properties"

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**Potential competing interests:** No potential competing interests to declare.

**Sacred Plants and Their Miraculous or Healing Properties** is a research paper that explores the ethnobotanical value of sacred plants, which not only possess healing properties but also induce mystical experiences and altered states of consciousness. These psychoactive plants have been used in medicine, religion, ritual life, and recreation by various cultures and groups for centuries. The altered states of consciousness induced by these plants allow individuals to connect with their deep psyche and can lead to emotional experiences, memory retrieval, and even pain relief. The paper also discusses the distinction between different types of substances, such as psychotropic, analgesic, stimulant, and visionary, and provides information on the regional use and history of two representative species, mandrake and peyote. The latter has been widely used in religious ceremonies, including those of the Native American Church.