

# Review of: "Training Teachers to Become Mental Health Promoters: Impact on Their Well-Being"

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**Potential competing interests:** No potential competing interests to declare.

I want to appreciate the research idea and the design. There are important dates that can be integrated into the school environment. Some observations and suggestions:

1. Introduction. Could you identify similar research and the results? A comparative approach.
2. Participants. What were the criteria for inclusion in ES'COOL training?
3. Measures and variables. Could you present the dimensions and variables measured by The Questionnaire "ES'COOL - SURVEY MENTAL HEALTH IN SCHOOL CONTEXT (Teacher Version)" and The "Scale of Mental Health Knowledge and Attitudes in a School Context? (you have a good presentation for PANAS).
4. Procedure. You say "The theoretical part addressed several topics, such as: promoting skills". What kind of skills? Detail.
5. Table 2. Must be reorganized because happiness and self-efficacy are presented as factors of alienation.
6. Discussion. I recommend some comparisons with previous research on the same topic.
7. A proofreading correction.