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Bee Pollen

National Cancer Institute

Source

National Cancer Institute. *Bee Pollen*. NCI Thesaurus. Code C87557.

A supplement containing granules composed of pollen gathered by bees for food and honey. Although the exact composition of nutrients in bee pollen differs depending on various factors, in general it contains important nutrients including vitamins, minerals, amino acids, carotenes, antioxidants, trace elements, carbohydrates as well as other unidentified substances.