

# Review of: "Antimicrobial Ayurveda Crops as Superfoods for Export, Conservation & Farmers' Benefit"

Robert Terry<sup>1</sup>

<sup>1</sup> World Health Organization WHO

**Potential competing interests:** No potential competing interests to declare.

The paper itself is interesting, and I accepted to review it because of the title and the link between these Ayurvedic crops as foods and antibiotic action. Whilst the paper does a reasonable job in surveying the available literature, I would have liked to see more description, if it exists, on how the antimicrobial action has been measured.

So, for example, does the evidence reviewed present a link between eating these foods and reduced infection or reduced time to clear an infection? The presence or absence of antioxidants as components of the vitamins in these foods alone does not necessarily confirm these foods have equal antimicrobial action; it just reports an association. A table that could compare the antimicrobial properties from the literature would be helpful here.