

Review of: "Public Health Student Internship: An Opportunity to Explore System, Self, and Society"

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Potential competing interests: No potential competing interests to declare.

Great article highlighting, the importance of community-based internships in public health education and calls for a shift in focus from biomedical knowledge to a deeper exploration of societal determinants of health. It emphasizes the need for PH students to connect with communities, understand their lived experiences, and challenge existing power hierarchies. I couldn't agree more with the authors' perspective. Immersive internships provide a valuable opportunity for students to bridge the gap between theory and practice, fostering empathy and a holistic understanding of community health. By actively engaging with marginalized populations, students can gain valuable insights that go beyond traditional classroom education. I believe that this approach not only benefits the students but also empowers communities and contributes to more equitable and inclusive public health practices. Kudos to the authors for shedding light on this crucial aspect of public health education.