

Review of: "How Competent are Health Professionals in Delivering Nutrition Education? A Cross-Sectional Study in Ebonyi State, Nigeria"

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Potential competing interests: No potential competing interests to declare.

Firstly, the authors are commended for addressing a topic of public health interest. The following suggestions are provided to help improve their article:

While the framework of proper nutrition is understood within the context of the WHO definition, it is necessary to better specify what professionals can contribute to population education in this field.

It is a weakness that a validated instrument was not employed. If a test was conducted, it is recommended to at least report some measure of construct validity.

It is suggested to clarify common elements in nutrition education for the population that can be relevant to diverse professionals, such as physicians, nurses, and dentists.

It is suggested to specify how the overall competence of professionals was measured. It is not clear at present.

Finally, enhancing the references with more recent articles, systematic reviews, or other synthesized evidence could improve the discussion.

