Review of: "Internal migration and mental disorders among the adult population: a community-based cross-sectional study in Nepal"

Michela Borghesi[1]

1 University of Ferrara

The paper deals with mental disorders due to internal migration and demographic factors in Nepal. The method employs logistic regression in a cross-sectional study. The results show that poor health, older age, and female gender (but not internal migration) were risk factors for mental disorders in the population under study.

First of all, I would like to congratulate the authors for this peculiar and current research. In my opinion, the manuscript is quite interesting and has some value. Furthermore, it is a very important topic not very in-depth in Nepal.

I would like to make a few observations and suggestions for the authors to contemplate:

1. At the end of the subsection "Sampling and Sample Size," "Chart 1" is mentioned for details of the sample selection procedure, but the chart is not reported in the article.
2. For similar future studies, it might be useful to add other mental illnesses in addition to anxiety and depression.
3. Concerning the method, details regarding logistic regression could be added.
4. The last suggestion is to increase the number of references to make the literature review more reliable.

Finally, I would like to thank you for the opportunity to review and comment on this research, and I think addressing the above-mentioned aspects can strengthen this important investigation.