

Review of: "[Commentary] Recognising and Managing Medical Issues in Neurodiverse Females"

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This article draws together a wide range of medical studies that confirm the widespread influences of neurodiversity on physical and emotional wellbeing of females. A useful explanation of the concept of neurodiversity, incorporating autism, attention deficits and learning problems, is presented. The recognition of the high prevalence of neurodiversity in females was concisely explained. The authors promote the idea of clinicians focusing on the presenting clues pointing to difficulties and allowing the patient and their families the space to communicate their challenges freely. The reviewer appreciated the detail of the clinical studies presented in the healthcare needs which stress the need for clinicians to respond sensitively and empathically to female patients presenting with neurodiversity. The authors introduce the concept of '*neuroconvergence*' imploring society to use non-judgemental language and exhibit greater acceptance of diversity. Overall, the article offers beneficial insights into both the physical and psychological experiences, which could aid clinicians in better supporting this population group.