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Impaired glucose tolerance (IGT)

National Diabetes Information Clearinghouse (NDIC)

Definitions

Blood glucose level

Defined by National Diabetes Information Clearinghouse (NDIC)

Diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

Pre-diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

mg/dL

Defined by National Diabetes Information Clearinghouse (NDIC)

Oral glucose tolerance test (OGTT)

Defined by National Diabetes Information Clearinghouse (NDIC)

Type 2 diabetes

Defined by National Diabetes Information Clearinghouse (NDIC)

Stroke

Defined by National Diabetes Information Clearinghouse (NDIC)

Source

National Diabetes Information Clearinghouse (U.S.). (2009). *The diabetes dictionary*. [Bethesda, Md.]: U.S. Dept. of Health and Human Services, National Institutes of Health, National Institute of Diabetes and Digestive and Kidney Diseases, National Diabetes Information Clearinghouse.

A condition in which **blood glucose levels** are higher than normal but are not high enough for a diagnosis of **diabetes**. IGT, also called **pre-diabetes**, is a level of 140 to 199 **mg/dL** 2 hours after the start of an **oral glucose tolerance test**. People with pre-diabetes are at increased risk for developing **type 2 diabetes**, heart disease, and **stroke**. Other names for IGT that are no longer used are “borderline,” “subclinical,” “chemical,” or “latent” diabetes.