

Review of: "A Policy Dialogue for Nutrition of Women and Adolescent Girls: Sustainable Development Goals Matters Arising"

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Potential competing interests: No potential competing interests to declare.

This paper addresses an important issue that is well-known. However, I feel that the focus on women (and their well-nourishment) as a means towards better development outcomes (less LBW, better maternal education, eventually improved development for Rwanda) ignores women's life satisfaction in its own right. Women's wellbeing is not just a function for development (a means towards an end) but an end in itself (Sen & Nussbaum, see also Venkaturam - Health Justice). If we do want to further improve our targets towards the SDGs, I feel a capabilities way of thinking (where women's capabilities are core) will be needed. Clearly this will benefit all of the above desired outcomes but philosophically and morally the starting point is different.