

Review of: "Glycemic Control and Its Determinants Among Type 2 Diabetes Mellitus Patients at the Limbe Regional Hospital, Limbe, Southwestern Cameroon"

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Potential competing interests: No potential competing interests to declare.

Thank you for the opportunity to provide feedback on the article. The problem of diabetes is relevant, many observations, definitions and conclusions have been made. However, I consider the term "poor" glycemic control incorrect. I offer the following option: the target HbA1c level for most non-pregnant adults is <7% (53 mmol/mol); achieving lower HbA1c levels than the target (<7%) may be acceptable and even appropriate if there are no patient risks or other adverse outcomes of such treatment; less stringent glycemic targets (such as <8% (64 mmol/mol)) may be appropriate for patients with a limited life expectancy or in cases where the harms of treatment outweigh the benefits.